

**I. READING COMPREHENSION (30 points)**

Read carefully the following text and answer the questions below.

**The Benefits of Gardening**

Gardening is a popular hobby enjoyed by people of all ages around the world. Whether you have a large backyard or a small balcony, growing plants can bring numerous benefits to your life.

Firstly, gardening is a great way to connect with nature and reduce stress. Spending time outdoors, tending to plants, and enjoying the beauty of flowers and greenery can help to calm the mind and enhance overall well-being. Many people find that gardening provides a sense of accomplishment and satisfaction as they watch their plants grow and flourish.

Moreover, gardening can also contribute to physical health. Digging, planting, and weeding are all forms of low-impact exercise that can help to improve strength, flexibility, and cardiovascular health. Additionally, growing your own fruits and vegetables allows you to enjoy fresh, nutritious produce right from your garden, promoting a healthy diet and lifestyle.

In addition to the mental and physical benefits, gardening can also foster a sense of community and connection with others. Many neighbourhoods have community gardens where people can come together to share knowledge, resources, and produce. Gardening with others can be a social and enjoyable experience, strengthening bonds and fostering a sense of belonging.

In conclusion, gardening offers a range of benefits for both mental, physical health, and social connections. Whether you're a seasoned gardener or just starting out, spending time in the garden can be a rewarding and enjoyable experience that enriches your life in many ways.

**1) Indicate whether the following statements are true (T) or false (F).  
(20 points)**

- |   | <b>T or F</b> |
|---|---------------|
| A. Gardening is a common activity that many people like, no matter where they live or how old they are. | _____         |
| B. Spending time outside and caring for plants can elevate stress levels.                               | _____         |
| C. Gardening is physically challenging, but it can improve mental health.                               | _____         |
| D. Seeing the growth and prospering of plants can evoke positive feelings.                              | _____         |
| E. The activities gardening involves are good for our body.   | _____         |
| F. Being a gardener is a trendy way of living.  | _____         |
| G. Gardening can promote relations among people.  | _____         |
| H. Gardeners often form associations so that they can sell their products easily.                       | _____         |
| I. Apart from working, you can organize different events, such as parties, in your garden.              | _____         |
| J. A lot of people believe gardening is for elderly people.   | _____         |

**2) Select the best option for each statement related to the text. (10 points)**

A. Gardening can contribute to physical health by:

- a) increasing environmental awareness
- b) providing light exercise
- c) encouraging sedentary behaviour

B. Community gardens offer opportunities for people to:

- a) compete with each other
- b) exchange the items of their harvest
- c) isolate themselves from others

C. Gardening with others can:

- a) improve one's mental health
- b) increase feelings of loneliness
- c) enhance relationships

D. Gardening is often realized:

- a) in shared gardens
- b) as an indoor activity
- c) by people who are ill

E. The main conclusion of the text is that gardening:

- a) offers no benefits for mental health
- b) provides benefits only for physical health
- c) offers benefits for mental, physical health, and social connections

II. LANGUAGE IN USE (70 points)

A) Select the option that best fits the gap (30 points)

1. She \_\_\_\_\_ swim when she was five.  
a) must                      b) could                      c) can't                      d) will
2. Tiffany is the most \_\_\_\_\_ member of the team.  
a) succeed                      b) successful                      c) success                      d) succeeder
3. Last night, he \_\_\_\_\_ a movie when the power suddenly went out.  
a) watched                      b) was watching                      c) watches                      d) has watched
4. By the time I arrived, they \_\_\_\_\_ their meal.  
a) had finished                      b) have finished                      c) finishing                      d) will have finished
5. The mystery novel was \_\_\_\_\_ than I expected.  
a) most interesting                      b) more interesting                      c) quite interesting                      d) interesting
6. If I \_\_\_\_\_ the door, the burglar wouldn't have stolen my car.  
a) locking                      b) lock                      c) were locking                      d) had locked
7. Yesterday I woke up \_\_\_\_\_ than usual.  
a) more soon                      b) early                      c) earlier                      d) early
8. I am interested \_\_\_\_\_ learning a new language.  
a) on                      b) at                      c) in                      d) with

[...]

B) Choose the best synonym of the underlined word. (20 points)

1. If you want to go to that party, you should dress accordingly.  
a) properly                      b) highly                      c) comfortably                      d) leisurably
2. The passengers were asked to leave the aircraft immediately upon landing.  
a) arrive                      b) outgo                      c) exile                      d) get out of

**Cizí jazyky pro firemní praxi (vzorový test)**

3. Theresa is the boss of the whole business company.  
a) chef                      b) head                      c) executer                      d) ruler
4. We need to repair the leak in the roof before it causes more damage.  
a) fix                      b) restore                      c) support                      d) break

[...]

**C) Select the most appropriate reaction. (20 points)**

1. *Can I take your order?*  
a) Yes, please, I'll have a coke.  
b) Yes, you did.  
c) I don't know. What will you take with you?  
d) I buy a kilo of cheese.
2. *I don't understand this text.*  
a) Why are you read it?  
b) Try using a dictionary.  
c) You won't be standing it.  
d) It's your turn.
3. *Could you, please, open the door?*  
a) Sorry, I don't have the right key.  
b) Excuse me, I can.  
c) Sorry, I not have got the keys.  
d) Excuse me, I haven't the key.
4. *Let me introduce you to Mr Marsh.*  
a) Thank you, it is nice.  
b) Nice to meet you.  
c) Where are you?  
d) I beg your pardon.

[...]

*During the exam you will get a similar full test (this is a fragment).  
Two points will be awarded for each correct answer.*