

OSWAJANIE ŚMIERCI W LITERATURZE WSPÓŁCZESNEJ NA PODSTAWIE „UMARŁ MI. NOTATNIK ŻAŁOBY” INGI IWASIÓW

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GETTING ACCUSTOMED TO DEATH IN THE MODERN LITERATURE BASED ON “HE DIED ME. MOURNING NOTEBOOK” BY INGA IWASIÓW

ABSTRACT *You can not tame death. It is a process that is physiologically understandable to us, but on the spiritual level we can not penetrate it. The death of people closest to us causes the activation of the course of mourning (externally) and the process of experiencing loss (internally). An inseparable element of traumatic mourning, that is, resulting from the reaction to sudden death, is crying. It is a kind of purification and opposition to internal emotions and coping with the existing situation. At the same time, crying is socially unacceptable, considered to be a sign of weakness and maladjustment. The tears of a child after losing a parent are a natural sign of mourning, they liberate the paper. It is an attempt to answer the double social taboo about tears and the inseparable process of mourning/death through the analysis of the text Inga Iwasiów “He died me. Mourning notebook”*

KEY WORDS *trauma, death, mourning, cry, tears.*

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