

1) Complete the sentences with *shall* / *going to* / *will* or the present continuous.

Example: I'm sure that Jess *will help* (help) you if you ask her.

1. A I went to see *Superman Returns* yesterday at the cinema. It's excellent.
B Oh good. I _____ (see) it tomorrow.
A I know you _____ (love) it.
2. A I _____ (go) to town this afternoon. _____ (I / go) to the supermarket on my way back?
B Yes, we need bread, milk and some fruit.
A OK. I _____ (get) all that, and some cheese, too.
3. A I heard on the radio that the weather _____ (be) excellent this weekend.
B That's good, because my parents _____ (come) to stay with me.

2) Underline the correct form.

Example: We **usually get up** / **get up usually** early every morning.

1. Peter **don't work** / **isn't working** tomorrow, so we're meeting for lunch.
2. What **are you doing** / **do you do** this evening?
3. Clare buys a lot of takeaways, but **I prefer** / **I'm preferring** home-made food.
4. In the summer, **I often cycle** / **I'm often cycling** to work.
5. Emma **tries** / **is trying** to get fit for the athletics competition next month.
6. **I don't usually have** / **I'm not usually having** dessert, but I'll have one tonight.

3) Complete the sentences. Use the correct form of the verb in brackets.

Example: He was watching (watch) a film on TV when I arrived.

- 1 I was thinking about him when he _____ (ring) me!
- 2 You're lucky I'm still here. I _____ (get) ready to go out when you phoned.
- 3 Last week the boss _____ (say) he would give me a pay rise, because I was so hard-working.
- 4 Real Madrid _____ (win) 2–0 at half time, but they lost the match 3–2.
- 5 As soon as I arrived, we _____ (order) our food – everyone had waited for me.
- 6 I _____ (already / finish) cooking when Maria offered to help.
- 7 We were really tired when we arrived because we _____ (not sleep) for 26 hours.

4) Complete the sentences with one word.

Example: I get *fit* by running every morning.

1. It is very important to warm _____ before doing sport.
2. A football _____ is about 100 metres long.
3. Volleyball and basketball are usually played indoors in a sports _____.
4. There is a new ski _____ in my town and it is indoors.
5. In the NBA a basketball _____ is about 28 metres long.
6. Mike got _____ when he fell on the basketball court and he couldn't finish the game.
7. We play tennis, and we _____ tai-chi.

5) Complete the sentences with the correct word.

Example: Jim's really *shy*. He hates meeting new people.
shy sensitive extrovert

1. Julia sometimes gets _____ if she's not allowed to do what she wants.
sensible moody mean
2. You're too _____. Please let me pay this time!
generous honest sensitive

3. Debra was very _____ tonight. Do you think she's OK?
extrovert shy quiet
4. Dave's just _____ because you got a higher score in the test yesterday.
ambitious spoilt jealous
5. In sport, boys are often more _____ than girls. They always want to win.
bossy competitive reliable
6. You should think about how other people feel instead of being so _____!
spoilt independent selfish
7. My brother's so _____. He can talk to anyone about anything.
insecure sociable manipulative

6) Underline the odd word out.

Example: beans salmon spicy sausages

1. knife spoon fork glass
2. grilled boiled baked raw
3. frozen low-fat home-made menu
4. dessert starter main course napkin
5. duck chicken sausages beans
6. prawns spicy sweet fresh

7) Underline the stressed syllable.

Example: talkative

1. aggressive
2. atmosphere
3. protest (v)
4. vegetable
5. in-laws

8) Read the article and tick (✓) A, B, or C.

We interviewed three people about how family and friends have affected their personalities.

Maria Stanovich

I've always had a strong relationship with my family. An important influence on my personality was my grandmother, Hannah. She was born in 1930 into a poor family with seven children – they had to take very good care of each other in order to survive. Growing up in such difficult conditions had a positive effect on her, teaching her to share everything, be honest, helpful, hard-working, and affectionate. My grandmother taught me all these things, making me realize that family is more important than material possessions.

Katie Dupont

The people around you have the greatest influence on your life – they affect the way you behave and think. As soon as Rob and I met, we connected. When Rob was young, his father died in a motorcycle accident. Being brought up as an only child by a single parent made him independent and ambitious. He left home at 16, and since then has lived in different places and had various jobs. He's taught me that it's important to find time for friends and family and to do what makes you happy. He always has fun, trying new things, keeping his mind and body healthy, and he still works hard to achieve his goals. I greatly admire Rob and I hope that one day I can look at life in the way that he does.

Jed Mitchell

I spent many hours as a child listening to my uncle Wilson's stories. He was the youngest of 11 children whose family lived in a fishing town in Scotland. Life was hard and with so many

mouths to feed, the children began working from an early age. At just 14, my uncle began his first job as a fisherman. That was the beginning of his adventures – he travelled and worked in Alaska, South-East Asia, India, and Africa. He educated himself, learnt to be a chef, an engineer, a farmer, and photographer. Uncle Wilson taught me that life is special and that you should take every opportunity that you can to fill it with adventure.

Example: Katie believes that your family and friends don't influence you.

A True ☐ B False ☒ C Doesn't say ☐

1. Maria's personality was affected by her grandmother.
A True ☐ B False ☐ C Doesn't say ☐
2. There were some advantages to Maria's grandmother's hard life.
A True ☐ B False ☐ C Doesn't say ☐
3. Maria's grandmother taught her to tell the truth.
A True ☐ B False ☐ C Doesn't say ☐
4. As soon as Rob and Katie met, they got on well.
A True ☐ B False ☐ C Doesn't say ☐
5. Katie and Rob both appreciate life in the same way.
A True ☐ B False ☐ C Doesn't say ☐
6. Katie is younger than Rob.
A True ☐ B False ☐ C Doesn't say ☐
7. Jed's uncle Wilson worked to help buy food for his family.
A True ☐ B False ☐ C Doesn't say ☐
8. Jed's uncle Wilson taught his children a lot about life.
A True ☐ B False ☐ C Doesn't say ☐
9. Jed's uncle taught him how to fish.
A True ☐ B False ☐ C Doesn't say ☐
10. Jed travels a lot like his uncle did.
A True ☐ B False ☐ C Doesn't say ☐