

1) Underline the correct form.**6b**Example: We usually get up / get up usually early every morning.

1. I **don't usually have** / **I'm not usually having** dessert, but I'll have one tonight.
2. Jake **tries** / **is trying** to get fit for the athletics competition next month.
3. In the summer, I **often cycle** / **I'm often cycling** to work.
4. What **are you doing** / **do you do** this evening?
5. Helen **don't work** / **isn't working** tomorrow, so we're meeting for lunch.
6. Clare buys a lot of takeaways, but I **prefer** / **I'm preferring** home-made food.

2) Complete the sentences. Use the correct form of the verb in brackets.**7b**Example: He was watching (watch) a film on TV when I arrived.

1. I _____ (already / finish) cooking when Gill offered to help.
2. As soon as I arrived, we _____ (order) our food – everyone had waited for me.
3. Manchester United _____ (win) 2–0 at half time, but they lost the match 3–2.
4. We were really tired when we arrived because we _____ (not sleep) for 26 hours.
5. You're lucky I'm still here. I _____ (get) ready to go out when you phoned.
6. I was thinking about him when he _____ (ring) me!
7. Last week the boss _____ (say) he would give me a pay rise, because I was so hard-working.

3) Complete the sentences with *shall* / *going to* / *will* or the present continuous.**7b**Example: I'm sure that Jess will help (help) you if you ask her.

1. A I _____ (go) to town this afternoon. _____ (I / go) to the supermarket on my way back?
B Yes, we need bread, milk and some fruit.
A OK. I _____ (get) all that, and some eggs, too.
2. A I heard on the radio that the weather _____ (be) excellent this weekend.
B That's good, because my parents _____ (come) to stay with me.
3. A I went to see *Miami Vice* yesterday at the cinema. It's excellent.
B Oh good. I _____ (see) it tomorrow.
A I know you _____ (love) it.

4) Complete the sentences with one word.**7b**Example: I get fit by running every morning.

1. He got _____ when he fell on the basketball court and he couldn't finish the game.
2. In the NBA a basketball _____ is about 28 metres long.
3. There is a new ski _____ in my town and it is indoors.
4. I play tennis, and I _____ tai-chi.
5. A football _____ is about 100 metres long.
6. It is very important to warm _____ before doing sport.
7. Volleyball and basketball are usually played indoors in a sports _____.

5) Complete the sentences with the correct word.**7b**Example: Jim's really shy. He hates meeting new people.

shy sensitive extrovert

1. You should think about how other people feel instead of being so _____!
spoilt independent selfish
2. In sport, boys are often more _____ than girls. They always want to win.
bossy competitive reliable
3. She's just _____ because you got a higher score in the test yesterday.

- ambitious spoilt jealous
4. Jack's so _____. He can talk to anyone about anything.
insecure sociable manipulative
5. You're too _____. Please let me pay this time!
generous honest sensitive
6. He sometimes gets _____ if he's not allowed to do what he wants.
sensible moody mean
7. Lynne was very _____ tonight. Do you think she's OK?
extrovert shy quiet

6) Underline the odd word out.**6b**Example: beans salmon spicy sausages

1. spicy prawns sweet fresh
2. duck sausages chicken beans
3. starter main course napkin dessert
4. grilled baked boiled raw
5. knife fork glass spoon
6. frozen home-made menu low-fat

7) Match the words with the same sound.**5b**fruit circuit ~~plate~~ spectator sugar portionExample: train plate

1. boot _____
2. horse _____
3. bird _____
4. bull _____
5. computer _____

8) Read the article and tick (✓) A, B, or C.**10b**

We interviewed three people about how family and friends have affected their personalities.

Maria Stanovich

I've always had a strong relationship with my family. An important influence on my personality was my grandmother, Hannah. She was born in 1930 into a poor family with seven children – they had to take very good care of each other in order to survive. Growing up in such difficult conditions had a positive effect on her, teaching her to share everything, be honest, helpful, hard-working, and affectionate. My grandmother taught me all these things, making me realize that family is more important than material possessions.

Katie Dupont

The people around you have the greatest influence on your life – they affect the way you behave and think. As soon as Rob and I met, we connected. When Rob was young, his father died in a motorcycle accident. Being brought up as an only child by a single parent made him independent and ambitious. He left home at 16, and since then has lived in different places and had various jobs. He's taught me that it's important to find time for friends and family and to do what makes you happy. He always has fun, trying new things, keeping his mind and body healthy, and he still works hard to achieve his goals. I greatly admire Rob and I hope that one day I can look at life in the way that he does.

Jed Mitchell

I spent many hours as a child listening to my uncle Wilson's stories. He was the youngest of 11 children whose family lived in a fishing town in Scotland. Life was hard and with so many

mouths to feed, the children began working from an early age. At just 14, my uncle began his first job as a fisherman. That was the beginning of his adventures – he travelled and worked in Alaska, South-East Asia, India, and Africa. He educated himself, learnt to be a chef, an engineer, a farmer, and photographer. Uncle Wilson taught me that life is special and that you should take every opportunity that you can to fill it with adventure.

Example: Katie believes that your family and friends don't influence you.

A True ☐ B False ☒ C Doesn't say ☐

1 Maria has a close relationship with her family.

A True ☐ B False ☐ C Doesn't say ☐

2 Maria's grandmother had seven children.

A True ☐ B False ☐ C Doesn't say ☐

3 Maria's grandmother is still alive.

A True ☐ B False ☐ C Doesn't say ☐

4 Growing up in a big family made Maria's grandmother less selfish.

A True ☐ B False ☐ C Doesn't say ☐

5 Katie met Rob at work.

A True ☐ B False ☐ C Doesn't say ☐

6 Katie knew she and Rob would be good friends because they immediately got on well.

A True ☐ B False ☐ C Doesn't say ☐

7 Katie thinks Rob lives his life in a positive way.

A True ☐ B False ☐ C Doesn't say ☐

8 Jed's uncle's first job was as a chef.

A True ☐ B False ☐ C Doesn't say ☐

9 Jed thinks people shouldn't waste any chances in life.

A True ☐ B False ☐ C Doesn't say ☐

10 Jed would like to travel like his uncle did.

A True ☐ B False ☐ C Doesn't say ☐