

Welcome to the Moravian-Silesian region



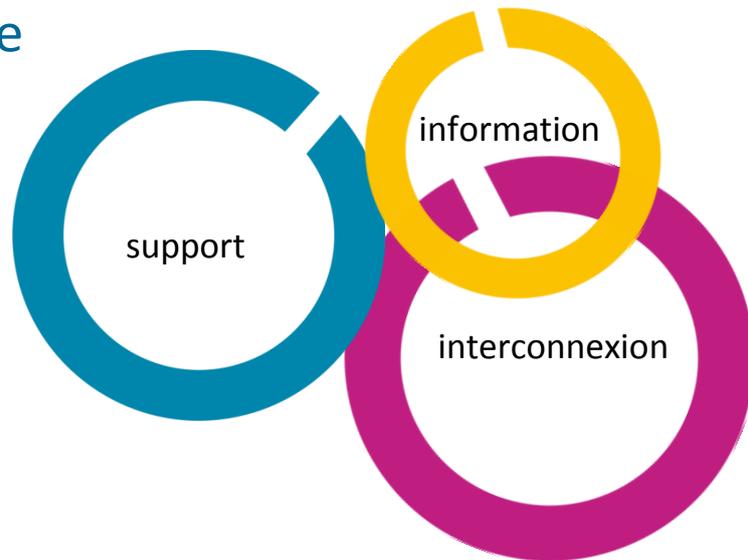
euraxess
RESEARCHERS IN MOTION

Practical information guide



About us - EURAXESS Office

- provide access to a complete range of information on professional and personal life in Moravian-Silesian region
- continuous support to academics wishing to pursue their careers in the region
- personal accompaniment to offices and medical check
- interconnection to local and foreign colleagues working or studying in the region
- organizing cultural and sport activities



Euraxess office can help you with

- the confirmation of your accommodation in case you stay at dormitories;
- the registration at Migration and Asylum Department of Ministry of Interior of CZ;
- the medical check, the bank account opening;
- the new mobile number, the change of accommodation;
- the communication with HR department etc..

The information generally related to your arrival to the Czech Republic and to your stay is provided at [the portal of EURAXESS CZECH REPUBLIC](#)

Welcome to the Czech Republic

The Czech Republic covers an area of 78,866 square kilometres (30,450 sq mi) with mostly temperate continental climate and oceanic climate. It is a unitary parliamentary republic, has 10.5 million inhabitants and the capital and largest city is Prague, with over 1.2 million residents. The Czech Republic includes its historical territories of Bohemia, Moravia, and Czech Silesia.

The Czech Republic joined NATO in 1999 and the European Union in 2004; it is a member of the United Nations, the OECD, the OSCE, and the Council of Europe. The country has been a member of the Schengen Area since 1 May 2004, having abolished border controls, completely opening its borders with all of its neighbours (Germany, Austria, Poland and Slovakia) on 21 December 2007.

It is a developed country with an advanced, high income economy and high living standards. The UNDP ranks the country 14th in inequality-adjusted human development. The Czech Republic also ranks as the 6th most peaceful country, while achieving strong performance in democratic governance. It has the lowest unemployment rate in the European Union.

Moravian-Silesian Region

The Moravian-Silesian region is located in the most eastern part of the Czech Republic. From Prague city centre it is about 300 km as the crow flies. By converting this figure to a transportation time, it is only 1 hour by air, 3 hours by rail and 4 hours by road. If we perceive the region supra-regionally, its position is very conveniently on the border of three countries almost in the centre of the European area. If you look at the whole of Europe, the region is situated between the Austrian Vienna, Polish Hornoslezskou agglomeration and Slovak Bratislava. Power of this position throughout the region is further emphasized by the regional participants trying to link some of the activities of Moravian-Silesian region, Žilina Autonomous Region and Województwa Śląskiego in certain activities with a view of creating significant territorial centres in the European perspective.

The Moravian-Silesian region is in the west, east and partly in the south bordered with mountains ranges. The Mountain range with the highest mountain Praděd (1 492 m) is Hrubý Jeseník on the western border of the region. In the southeast and east, along the borders with Slovakia and Poland there are located Moravian-Silesian Beskydy. The highest of which is Lysa (1 323 m) and Radhošť (1 129 m). The southwestern part of the region consists of unspoilt areas called Nížký Jeseník and Oderské vrchy. Between mountains there are lower-lying areas, particularly the southernmost ledge of Silesian lowlands, which is consisted by Opavsko-ostravská basin. Further to the south there is a natural area called Moravská brána.

Ostrava

This metropolis of Moravian-Silesian region is by its area and its overall population the third largest city of the Czech Republic. The population is about 290 000 inhabitants. It has a strategic location-it is located 10 kilometres south of the border with Poland and 50 kilometres west of the border with Slovakia. Ostrava is located 360 km from the capital city of Prague, 170 km from Brno, 90 km from the Polish city of Katowice, 310 km from Vienna. Rivers Odra, Ostravice, Opava, and Lučina flow through the city.

Ostrava is a key communication and transportation hub of Northern Moravia and Silesia. The D1 motorway and main railroad tracks run through the city. Public transport provides a dense network of bus, trolleybus and tram lines. Leoš Janáček Ostrava International Airport in Mošnov, which is located 25 km from the city centre, is connected with the city by train.

The city lies in the valley between The Beskydy Mountains and The Jeseníky Mountains, known as The Moravian Gate. A significant part of its territory is covered with forests, parks and other green- density per capita is 30 m². There are over one hundred and thirty important landscape elements, three nature reserves and four natural monuments. Among them there are two parts of The Protected Landscape Area Poodří located directly in the territory of the city-The Polanecký Forest and The Polanecká Meadow. Very attractive are also Rezavka and Turkov with many floodplain forests, surrounded by The Štěpán's pond or national natural monument of Landek, with outcroppings of coal seams on the surface. Natural rarities also include Swedish granite boulders from the era of glaciation. The largest one is located in the middle of a new smelter in Ostrava Kunčice. A unique feature is forested heap Ema at an altitude of 315 m above sea level. Approximately 150 years old dump inside is still burning, temperature deep inside reaches up to 1 500 °C.

Ostrava is also an important economic centre. During the last ten years there have been discovered a lot of new jobs in non-traditional sectors, which are for example the automotive industry, IT technology or outsourcing services. At Ostrava University and colleges study over 30 thousand students. VŠB - Technical University of Ostrava is according to the rankings the best University in Central Europe and also the University of Ostrava provides education in a wide variety of interesting fields.

OSTRAVA!!!

Ostrava offers a variety of cultural and social activities. The local theatre is one of the best scenes in the country, The Gallery of Fine Arts and The Gallery of Plato are respected institutions with a refined design, exhibitions and music clubs hosting both known and budding musicians and bands of different genres. Adding a number of festivals, prestigious sporting events and tourist attractions, it is clear that there is no boredom in Ostrava.

Opava

The city of Opava, inhabited by approximately 60 thousand inhabitants, lies above the confluence of the main rivers of the Opava District, the Opava and Moravice Rivers. Opava is the biggest town of the western part of the Moravian and Silesian Region. It is a former royal capital and the capital of Silesia. In 1990 it became a Statutory City. The first mention of Opava dates back to year 1195, though, as a town it was first referred to only later, in 1224.



By the Middle Ages life in the town was already concentrated in the area of both of the main squares of the present time – Upper (Horní) and Lower (Dolní) Squares. The Lower Square is dominated by St. Vojtech's Church, the Upper Square abounds in many historical and architectural gems, too. Take a tour through the city watchtower called Hláška, go and see the building of the Silesian Theatre, the gothic jewel that is the Virgin Mary's Assumption Concathedrale or the area of the historical fish market (Rybí trh).



The spectacular noblemen's palaces, the Blücher's and Sobek's , are situated in Masarykova Street. Another beauty spot of the city of Opava is the Minorite Monastery along with the Church of the Holy Spirit. There lie the relics of Opava's Premyslids in its crypt.

Those who love modern architecture will surely not leave the following buildings unnoticed: the Chamber of Commerce and Trade, the Breda Department Store and St. Hedwig's Church – works of Vienna architect Leopold Bauer. The historical centre of Opava is surrounded by many town parks which invite rest and relaxation.

Opava can be proud of its plentiful famous personalities who were either born or lived there. Writer Joy Adamson, the father of genetics Johann Gregor Mendel or builder Josef Maria Olbrich rank among the best known ones. The greatest personality related to Opava, though, is regional poet Petr Bezruč. His collection of poems called the Songs of Silesia has been translated into many world languages.

Opava inhabitants like to enjoy themselves. The Silesian Theatre plays an important role not only for the town itself. It began entertaining the general public with drama and opera pieces more than 200 years ago. Every year Opava hosts town festivals, Další břehy in spring and Bezruč's Opava in autumn. During these cultural holidays the town brightens up with the imagination and originality of dozens of cultural events including nearly all possible kinds of arts – theatre, film, visual art, literature and music.

The city is also a regional centre of sports – both recreational and professional ones. There are regular inline skate rides called Blade nights. The skate park located in the quiet zone of the Town park is for all age categories. You can also find a multi-purpose sports hall, swimming pool and water channel for canoeists in its surroundings. There are many sports clubs and associations in Opava. The highest men's competition in basketball is played there, and it also has one Olympic winner.

There are a number of elementary and secondary schools in Opava. Since 1991 the young city atmosphere has been developed with the establishment of the Silesian University.

TECHNICAL UNIVERSITY OF OSTRAVA (VŠB)

Technical University of Ostrava, founded in 1849, originally as one of central Europe's leading institutions in Mining, Geology, Metallurgy, and Materials Sciences. Over the years the University has grown along with the needs of local industry in this advanced, industrial region, including areas such as mechanical, civil, and electrical engineering, as well as IT, nanotechnology, and business and economics.

Industry funded, applied research forms the basis of scientific inquiry at the University. A complimentary group of focused research institutes, well equipped with EU funded, cutting-edge instruments and machinery deliver world class results. For example, the University is home to the National Supercomputing Centre containing one of Europe's 10 most powerful computers. This provides not only an excellent tool for IT professionals, but the computing power for advanced simulations for many different types of engineering problems and economic modelling.

TUO is home to one of Central Europe's largest job fairs, where over 120 firms compete for future graduates of the University. From large multinational firms to innovative start-ups, these companies come the University due to the high level of graduates, in part because the content of the coursework includes significant practical components, which facilitate learning on real-world problems using cutting-edge software and equipment. Feedback from industry consistently requests the University to produce a higher number of graduates. The Career Centre helps students prepare their CV's, provides personality testing and career counseling to help guide graduates towards the most fulfilling work.

Our International Office located within the VŠB – Technical University of Ostrava campus (see [the map](#)) helps researchers and their families to plan and organize their move to a foreign country, provides assistance in all matters related to mobility.

<https://www.vsb.cz/en>

EURAXESS Contact Person at the Technical University of Ostrava:

Petra Klapuchová, room C110, email: petra.klapuchova@vsb.cz



UNIVERSITY OF OSTRAVA (UO)

The small size of the university and its relative youth (founded in 1991) allows for a strongly individual approach to our students and flexible reactions to the needs of an up-to-date society and labour market. The university offers not only top quality education, but also many other possibilities for those who wish to fulfil their visions: whether it is the possibility to study other languages, found a student organisation, or gain other practical experience. The university actively searches for opportunities for students to raise their qualifications and helps them kick off their careers. The University of Ostrava (UO), with over 10,000 students, offers a very high quality level of education and research in the humanities, social and natural sciences, health studies, medicine and the fine arts. Its 6 faculties (Faculty of Science, Faculty of Arts, Faculty of Fine Arts, Faculty of Medicine, Faculty of Social Studies, Pedagogical Faculty) offer an extremely wide range of fields of study as well as unconventional combinations of majors.

Research and development at University of Ostrava is centred around 15 main areas of research instituted as Main Research Directions (MRD). MRDs are stable areas of research based on the academic tradition of the university as well as a long-term effort to establish the research at the UO around the topics which are up-to-date and relevant to both academia and the world around us. These research areas also reflect our robust academic personnel, most notable teams and individuals who are the forefront of our research. Our faculties indeed focus on many other research areas but those named among the MRDs compose the very core of UO solid research establishment. For further information about our research and the MRDs' teams visit <http://study.osu.eu/research>.



University of Ostrava is also an active player in the field of local social life and culture. UO and its faculties, student organisations and scientific institutes establish and promote hundreds of public events every year. These include free workshops, lectures, seminars, discussions, experiential events, scientific adventures, cultural festivals, charitable events, international gatherings, sports and cultural events, art exhibitions, happenings, alumni reunions, concerts, theatre plays, etc.

The university is simply an essential part of the city and its social life, and continues to cooperate with a steadily increasing number of cultural organisations and local institutions.

<http://study.osu.eu>

EURAXESS Contact Person at the University of Ostrava:

Ivana Adamiková, room R205, email: ivana.adamikova@osu.cz

SILESIAIAN UNIVERSITY OF OPAVA (SU)

The Silesian University in Opava, legitimate member of European University Association, belongs among the top five universities created after 1989. Immediately after its inception, the university provides students with comprehensive education in the fields of humanities and economics areas. At the Silesian University Campus, future academic specialists are preparing for the professional or scientific life in the fields of history, physics, mathematics, literature, language, gastronomy, health care, multimedia and art areas. Currently, the Silesian University in Opava has three faculties – the Faculty of Philosophy and Science in Opava, the School of Business Administration in Karvina, the Faculty of Public Policies in Opava – and the Institute of Mathematics in Opava. The faculties offer interested parties several dozen bachelor's, master's and doctoral degree programs, but can not forget the seventeen year old activities in education of the University of the Third Age. In the academic year 2012/2013, number of students in all parts of the Silesian University in Opava, exceeded the number of eight thousand.

<http://www.slu.cz/slu/en>



At the Silesian University in Opava also operates high-quality research centers in the field of physics, astrophysics, cultural and contemporary history, multimedia production, interdisciplinary research in the field of small and medium business, empirical research and mathematics. The university also collaborates with organizations and universities from European countries, but also from other countries. We must also mention the cooperation with the municipal and regional organizations in the cultural and educational level. Also, students are preparing many interesting cultural events too, which are involved in the running of the city, which is a fixed part of the town.

EURAXESS Contact Person at the Silesian University of Opava:

Ivana Volná, e mail: ivana.volna@slu.cz

New employee

Congratulations to your new position. **EURAXESS Contact Persons** will provide you the information about jobs and funding opportunities in the Czech Republic, entry conditions, social security, health and pension coverage, taxation issues, daily and family life prior to the move to the Czech Republic and after an arrival.

Before you can sign the contract, you will have to fulfil the legal requirements for the employment.

The following is required by HR department:

-  recognition of diploma(s);
-  completed application for employment form;
-  completed personal history form;
-  copy of passport with valid visa or permission;
-  confirmation of entry medical check;
-  opened bank account in Czech currency.

EURAXESS Contact Persons will help you at the beginning of your stay with:

-  the arrangement of the appointment with a doctor;
-  the confirmation of your accommodation in case you stay at dormitories;
-  the registration at Migration and Asylum Department of Ministry of Interior of CZ;
-  the medical check, the bank account opening;
-  the new mobile number, the change of accommodation;
-  the communication with HR department etc..

The first days of your employment at VŠB you should do the following:

-  complete and sign the [declaration](#) of the taxpayer liable to personal income tax from dependent activity (employment) and office – holders' emoluments at the payroll department;
-  pick up your employee card from the [card centre](#), room no.: A148, A149
-  try to log in the university intranet [InNET](#) by using the username and password received at card centre;
-  try to order a lunch at canteen via InNET – when logged in InNET use the icon CATERING, then click on the left on “Objednávání stravy”, change the language again to English, click on the button “Log in via SSO (do not fill in your Login and Password); now you should see your name in the left top corner and next to it the balance on your employee card; click on the icon located on the left next to the price of the meal; you will see the picture of the meal which can guide you in your choice; choose the meal (unfortunately only Czech description appears) by clicking on +/- and confirm your order by clicking on the button “Confirm order”; the cost of your meals will be automatically deducted from your salary on the monthly basis;

- 🔗 try to find the important contacts – when logged in InNET use the icon PHONEBOOK, search the contact by surname, department etc.
- 🔗 try to use your employee card in the shops in the campus – you don't have to use money (Be careful, not all the shops allow you to pay by this card!)
- 🔗 try to use your employee card in the [University Library](#)

The first days of your employment at UO you should do the following:

- 🔗 complete and sign the declaration of the taxpayer liable to personal income tax from dependent activity (employment) and office – holders' emoluments at the payroll department (room n. R 105, Dvořákova 7, Ostrava),
- 🔗 pick up your employee card from the card centre at the Centre of Information Technologies (room n. IT 103, Bráfova 5, Ostrava),
- 🔗 activate your email account by logging into the university intranet account via <https://portal.osu.cz/wps/portal/> using the username and password received at the card centre,
- 🔗 to find the important contacts, use the icon search at www.osu.eu – search the contact by surname; you can also find the contacts at the web in the section "The faculties and institutions" or "Components of the UO".

The first days of your employment at SU you should do the following:

- 🔗 complete and sign the declaration of the taxpayer liable to personal income tax from dependent activity (employment) and office – holders' emoluments at the payroll department (personnel department – Hradecká 17, Opava),
- 🔗 request the issuance of employee ID cards to the card centre at the Centre of Information Technologies (room nr. 425 on Bezručovo náměstí 885/14),
- 🔗 find the important contacts on webpages <http://www.slu.cz/slu/en/contacts>

Recognition of Diploma

Under the Czech law, those who have obtained their degree abroad require an official document to say that their education is recognized in the Czech Republic BEFORE they can be employed by a Czech university. The whole procedure usually takes 30 days, but it can be longer if you don't send all requested documents.

If you need further help at **VŠB** please contact Ms Stanislava Kebova at stanislava.kebova@vsb.cz, tel.: +420 597 323 220, office no.: A204.

For recognition of your diploma(s) please send her following documents :

- 🔗 Application form for recognition (you can find it at the bottom of [this page](#))
- 🔗 Original or a certified copy of the foreign diploma
- 🔗 Diploma supplement (an official transcript of grades from the whole of the student's earlier university studies)
- 🔗 Official Czech/English translations of both documents

For recognition of your diploma(s) **at UO**, please, send following documents to Ms Simona Rendlová (see the contacts below):

-  Application form for recognition - <http://dokumenty.osu.cz/osu/zadost-nostrifikace.pdf>
-  Original or certified copy of the foreign diploma
-  Diploma supplement (an official transcript of grades from the whole of the student's earlier university studies)
-  Official Czech/English translations of both documents
-  For further information, please, contact Ms Simona Rendlová at simona.rendlova@osu.cz, tel.: +420 553 46 1006, room n. R 306 (Dvořákova 7, Ostrava).

For recognition of your diploma(s) **at SU**, please, send following documents to Mrs Šárka Holčápková (see the contacts below):

-  application form for recognition - <http://www.slu.cz/su/slu/cz/studium/uznavani-zahranicniho-studia/information-about-recognition-of-foreign-higher-education-in-the-czech-republic>
-  original or certified copy of the foreign diploma and the proof of payment of an administrative fee of 3.000, - CZK

For further information, please, contact Ms Šárka Holčápková at sarka.holcapkova@slu.cz, tel.: +420 553 684 812 (Olbrichova 25, Opava).

HR and payroll department

You will need to provide your HR assistant with several documents:

1) Before you start your employment

-  confirmation of your recognized diploma(s)
-  completed application for employment form
-  completed personal history form
-  copy of passport with valid visa or permission
-  confirmation of entry medical check
-  confirmation of your bank account number

2) During the employment

-  confirmation of changed address, bank account, name etc.
-  copy of your new permission/visa card

The payroll will be provided to you monthly by the secretary of your department or by the administrator of your research project. Payroll department interests you at the beginning of your employment, at the end and beginning of each year.

-  At the beginning of your employment - complete and sign the [declaration](#) of the taxpayer liable to personal income tax from dependent activity (employment) and office – holders' emoluments (you will pay lower income tax every month).

- At the end of the year – if you worked in the given year only for one employer in Czech Republic, sign the declaration for the ended year (don't forget to tick a box - payroll department will do the tax claim for you).
- At the beginning of the year – sign the declaration again for the new year (you will pay lower income tax every month).

Payroll department can provide you the confirmation of your yearly income and paid tax – “POTVRZENÍ o zdanitelných příjmech ze závislé činnosti a z funkčních požitků, sražených zálohách na daň a daňovém zvýhodnění”. This confirmation is required if you do your tax claim on your own in Czech republic or abroad.

Practical information and contacts

Department for Asylum and Migration Policy (OAMP)

= *Odbor azylové a migrační politiky*

 Address: Výstavní 55, 703 00 Ostrava – Vítkovice; [see the map](#)
 Opening hours: Monday, Wednesday: 8:00 – 17:00
Tuesday, Thursday: 8:00 – 14:00

You have to report any change here – address, name etc.

Doctors

General Practice (GP)

Every new employee has to provide the confirmation of medical check prior the signing the contract. Unfortunately only few doctors in Ostrava and Opava are able to speak in English. The service of entry medical check is paid and is not covered by health insurance. The cost depends on the amount of the required treatments to provide the positive confirmation for the employer. You can also register with the doctor, in such case you are entitled to one regular check every year and you can visit the doctor every time you are ill. Please be aware that Czech GP don't prescribe contraception.

The VŠB university doctor:

MuDr. Irena Černochová

Opavská 962

708 00 Ostrava-Poruba

Tel: +420 597 437 916

E-mail: info@ordinace-poruba.cz

Opening Hours		
Day	Acute – without appointment	With appointment
Monday	7:30-11:30	11:30-13:00
Tuesday	7:30-11:30	11:30-13:00
Wednesday	14:00-16:30	16:30-18:00
Thursday	7:30-11:30	11:30-13:00
Friday	7:30-12:00	-

The UO university doctor:

MUDr. Andrea Matulová
Andy MED s.r.o.
Poštovní 1118/10
702 00 Ostrava - Moravská Ostrava

Tel.: +420 596 120 228

Mob.: +420 739 463 376

E-mail: ordinace.matulova@volny.cz

Web: www.andymed.cz

Opening Hours		
Day	Acute – without appointment	With appointment
Monday	7:00-9:00	9:00-12:00 13:00-15:00
Tuesday	7:00-9:00	11:30-13:00 15:00-18:00
Wednesday	7:00-9:00	9:00-12:00
Thursday	7:00-9:00	9:00-12:00
Friday	7:00-9:00	9:00-12:00

The SU university doctor:

MUDr. Jiří Čermín
Jánská 5
746 01 Opava

Tel.: +420 972 758 479

e-mail: sestra.cermin@seznam.cz

Opening Hours		
Day	Acute – without appointment	With appointment
Monday	7:30 – 12.00	6:30 – 7:30 12:00 – 15:00
Tuesday	6.30 – 9:30	9:30 – 11:30
Wednesday	13:00 – 18:00	12:00 – 13:00
Thursday	6:30 – 9:30	9:30 – 11:30
Friday	7:30 – 12.00	6:30 – 7:30 12:00 – 13:00

Stomatology

- You can choose a dentist from the list presented on the Czech Dentist Chamber website: <http://domino.dent.cz/csk/seznamcl.nsf/obecpzp.xsp>

Gynaecology

- You can choose a gynaecologist from the list presented on the Czech Medical Chamber website: <http://www.lkcr.cz/seznam-lekaru-426.html#>

If you need assistance with make an appointment or if you want somebody to accompany you on a visit to a doctor, please contact our EURAXESS office and we will help you.

Emergency medical service

[Municipal Hospital of Ostrava](#)

-  Phone operator +420 596 191 111
-  Emergency Pharmacy +420 192 373

Emergency medical service for adults

-  Opening hours: Mo – Fri 17:00 – 5:00, Sat, Sun, Holidays - nonstop

Emergency medical service for children

-  Opening hours: Mo – Fri 15:30 – 6:30, Sat, Sun, Holidays - nonstop

Dentistry emergency

-  Opening hours: Mo – Fri 18:00 – 6:00, Sat, Sun, Holidays - nonstop

[State Silesian Hospital in Opava](#)

-  Phone operator: +420 553 766 111

Emergency medical service for adults

-  Phone operator: +420 553 777 777



Dentistry emergency

Phone operator: +420 553 766 638

Emergency numbers

General emergency line	112
Fire service	150
Ambulance	155
Police	158
City police	156

Accommodation

In campus

Accommodation at the VŠB-technical University of Ostrava:

There are the Halls of Residence in the campus area, which is the biggest accommodation area for students and employees of the VSB – TUO. There are several possibilities of accommodation – you can choose from 2 or 3 bedrooms or you can stay in the [Hotel Garni Ostrava](#). The Halls of Residence are situated close to the main building of a university (rector's department) and are easily accessible by public means of transport – directly next to the main entrance of the Residence halls there is a bus stop of a bus number 37 and 40. There are also plenty of cultural and sports facilities in the campus (see the section Sport/Culture). For safety reasons you are not allowed to have a pet here.

 **Accommodation Office of VŠB-TUO**

Contact information:

Ubytovací služby a Stravovací služby

Studentská 1770

700 32 Ostrava-Poruba

e-mail: accommodation@vsb.cz

tel.: +420 596 99 6151, +420 596 99 6152

Opening hours:

	Sept - June		July - Aug	
Monday	Closed	12:00 - 15:00	8:00-11:00	12:00-13:30
Tuesday	7:00 - 11:00	12:00 - 17:00	8:00-11:00	12:00-13:30
Wednesday	7:00 - 11:00	12:00 - 17:00	8:00-11:00	12:00-13:30
Thursday	7:00 - 11:00	12:00 - 15:00	8:00-11:00	12:00-13:30
Friday	7:00 - 11:00	12:00 - 13:00	8:00-11:00	12:00-13:30

Accommodation at University of Ostrava:

The student halls of residence are located in the district of Ostrava - Hladnov. The halls of residence in Hladnov have sports facilities attached to them, and there are plenty of shops in the surrounding area. Arts and entertainment facilities are few, but it takes only twenty minutes to reach the city centre by tram, and therefore the lack of facilities is not a serious problem. The facilities in the halls of residence are not luxurious, but they are adequate. In addition to basic equipment, rooms have furniture (desk, chair, bed, cupboard, bookcase). Several rooms have shared bathroom/WC facilities, and a kitchen equipped with a refrigerator, cooker and microwave oven. The kitchen is not equipped with dishes etc. Students can use the laundry room, borrow an iron, and use other facilities.

Contact information: Mgr. Dana Mamicová, tel.: 553 46 3003, dana.mamicova@osu.cz

University of Ostrava can also recommend the **accommodation at Kampus Palace** - Student Residence in the Centre of Ostrava

This is the place to enjoy the full college experience. The universities are only a 10-minute walk from the campus (the University of Ostrava as well as the Technical University of Ostrava). It will also take you only 10 minutes to get to the buzzing Stodolní Street or to go for a quiet, romantic stroll along the river Ostravice. The residence is very close to sport centres where you can go for a swim, ride a bike and play tennis or badminton. A large shopping centre Forum Nová Karolina with cafes and cinemas is located right next to the campus. You can simply live it up!

The idea of Kampus Palace is to offer quality living in a modern style. Every flat has its own kitchen, bathroom and high-grade furnishings. When building the residence, our goal was to minimize noise and create a quiet study environment. Therefore our architects designed a soundproofing solution that ensures privacy. You can also enjoy fast Internet and meet new people in one of the socializing areas. There is a creative common room, inner courtyard with a climbing wall and a mini-cinema, gym, bike room and laundry room.

Kampus Palace is ideal for students looking for a casual place with a pleasant atmosphere where they can meet new people and build strong friendships. It offers an excellent study environment that can also help you with your personal development. The aim of the Kampus is to provide students with an all-inclusive approach so that everyone can develop their full potential.

How about a cup of coffee with a freshly-baked croissant in the morning? The Kampus cafe offers a rich breakfast menu every day. Besides a cafe, there is a restaurant in Kampus preparing lunches and dinners that the students living in the Kampus can enjoy for a reduced price. In our residence, you can choose from a variety of services, from the most basic to luxurious ones. But a top-rated security system is considered a standard. The whole Kampus is managed with 24-hour reception with an access system and CCTV. The idea is to feel free but safe at the same time.

Contact information: Kampus Palace, Smetanovo náměstí 3116/10, 702 00 Ostrava
Reception: +420 777 10 16 15, info@kampuspalace.cz, www.kampuspalace.cz

For short stays in Ostrava (or before finding your flat/house) you can also book a hotel room. You can use websites listed below:

 [Booking.com](https://www.booking.com)

 www.checkinostrava.com

Accommodation at Silesian University in Opava:

Accommodation on School of Business Administration in Karviná is available at the SBA dormitory Na Vyhlídce. The visitors are accommodated in double rooms. Each two rooms share bathroom and toilet. There is on each room the internet plug. The rooms are fully equipped with furniture, pillow and blanket (bed linen are also available and are regularly changed), only bath towels are not supplied. The common kitchen is equipped with dishes, fridge, microwave oven and cooker. There is an access to laundry, university library, gym and school canteen. The reception is open 24/7.

Contact information: SBA dormitory Na Vyhlídce, Na Vyhlídce 1079/1, 735 06 Karviná - Nové Město, tel.: +420596 398 501

Accommodation on Faculty Philosophy and Science in Opava and Faculty of Public Policies in Opava is available in the Hall of Residence Vávrovická or in Hradecká 17 in well equipped double or triple rooms.

Contact information: Department of Halls of Residence and Canteens, Eva Gašperiková, Hradecká 17, 746 01 Opava, tel.: +420 553 684 517

The accommodation for students and visiting teachers at the Mathematical Institute in Opava can be arranged on demand via the Secretary of the Mathematical Institute.

Contact information: Jiřina Böhmová, Na Rybníčku 1, 746 01 Opava, tel.: +420 553 684 661

Further information on accommodation is available on <http://www.slu.cz/slu/en/admissions/accommodation>

For short stays in Opava (or before finding your flat/house) you can also book a hotel room. You can use websites listed below:

 [Booking.com](https://www.booking.com)

Rental

It is the most common and easiest way of living. Finding an accommodation through a **real estate agency** is usually the most feasible option for foreigners. The rent agreed through a real estate agency is usually more expensive. However the advantage of this choice is that the real estate agency provides legal services - lease contract and other formalities. In the case of some problem during your rent there, you can turn to them. It is a common practice to pay a fee of one month's rent for their effort. In the Czech Republic there is large number of real estate agencies, mostly with the specialization for an only region.

For finding a flat in Ostrava you can use e.g.:

 [MM reality](#)

 [HELIX reality](#)

 [RK Evropa](#)

 [Sreality.cz](#) (Czech Republic) - the biggest real estate server – [English version](#)

However, you are able to find housing **without a real estate agency** and deal directly with the owner. For this option, there are specialized websites ([Bezrealitky.cz](#) and [Spechato.cz](#), both in Czech). You need to fill in the first field „Město“ (a city) and also you can specify a quarter or a street around which to search. You can also modify your search („byt“ is a flat, „nabídka pronájem“ is an offer of rents, „od“ is minimum price and „do“ is a maximum one). If you let us know your wishes we can also help you with the search. You may also [contact us](#) to find contacts to the Real Estate Agencies communicating in English.

Purchasing a home

A foreigner can buy a house or a flat if he possesses the permanent residence permit or he was granted asylum. The process of buying a real estate is very difficult, especially if you need to take out a mortgage. **A real estate agency or a construction company (property developer)** can do this job for you for a commission that is usually between 3 and 4 % of the real property price.

In case you decide to find a house or a flat **without a real estate agency**, there are specialized websites ([Bezrealitky.cz](#) and [Spechato.cz](#)).

Public Transport

In Ostrava you can use buses, trolley buses or trams – timetables are [here](#). The fares of the Dopravní podnik Ostrava a.s. (Ostrava Transport, joint-stock co.) are a combination of zone- and time-based rates, and **transfers are possible**. You can go by bus, tram or trolley bus. Zone limitations apply to long-term time tickets; time limitations apply to short-term tickets within the XXL tariff area (zones 1, 2, 3, 4, 9, 10, 12, 13, 14, 16, 17, 18, 19, 20, 25). The ticket price depends on duration of your ride.

Since mid-2016, passengers have the option to purchase single electronic tickets in the Ostrava public transportation with ordinary contactless bank cards. It makes the passengers' check-in significantly simpler and more convenient.

Other useful information in English you can find [here](#) and timetable [here](#).

Opava is a relatively small city but it offers a good system of local transportation. You can use buses and trolley buses – timetables are here. The fares in Opava is not limited in time and for the ride by public transportation is valid one price. It is possible to set up a monthly ticket or prepaid card called electronic wallet. The municipal transportation office is located in the centre of Opava, on the Upper Square (Horní náměstí).

Czech language lessons

If you want to learn Czech language, you can attend a language course directly **at VŠB**. It takes place every Tuesday at 4 p.m. in room PI 123 in the Innovation Support Centre ([map](#)).

The UO offers the Czech For Foreigners courses – for more information please see <http://www.osu.cz/index.php?kategorie=14&id=4298&idkurz=147>.

You can also visit **Immigration centre** in Ostrava, fill an application and test. You can come there in opening hours or set an appointment. More information you can find [here](#). These lessons are free of charge.

-  Address: Centrum pro podporu integrace cizinců
Československá 2227/7
702 00 Ostrava – Moravská Ostrava; [see the map](#)
-  Centre's Opening Hours: Monday, Wednesday: 12:00 – 19:00
Thursday, Friday: 8:00 – 12:00

Other possibilities (paid):

-  **Parakalo Centrum jazyků (Parakalo Language centre)** – www.parakalo.cz
 - Tel.: +420 603 757 148
 - Email: info@parakalo.cz
 - Address: Přemyslovců 992/5, Ostrava – Mar. Hory
-  **Jazyková agentura Jasno (Language Agency)** – www.agenturajasno.cz
 - Tel.: +420 732 462 290
 - Address: Přívozká 10, Ostrava

Childcare

Kindergartens with English

Directly in the VŠB campus there is a newly opened **University Kindergarten** with bilingual tuition for children of university students and employees. There are several circles for children (free of charge) – sport, art, musical-dramatic or cooking – everything is going on one place.

-  Operating hours: 6:30 – 17:30
-  Fee per month: 1900 CZK
-  Food: 39 CZK/day

Contact:

-  University Kindergarten, www.vsb.cz/skolka
-  Principal: Mgr. Vlasta Tobolíková, vlasta.tobolikova@vsb.cz, phone.: +420 597 327 390

Other kindergartens with English

-  *Tučňákova školka/Penguin's Kindergarten*, www.tucnacek.com
Tel.: +420 733 651 644
Address: Masarykovo nám.(entrance from Střelniční street)
skolka@tucnacek.cz
-  *Anglická školka a jesle Monty (Monty nursery and preschool)*, www.montyskolka.cz
Tel.: +420 596 628 752
Principal: Katerina Kaletová, info@montyskolka.cz, +420 774 774 696
Address: Šaljapinova 5513, Ostrava – Třebovice
-  *Hello Teddy (Czech – English Kindergarten)*, www.helloteddy.cz
Tel.: +420 596 729 624, +420 733 530 656
E-mail: info@helloteddy.cz
Address: Fr. Formana 45, Ostrava – Dubina
-  *Prigo*, www.prigo.cz/ms/en
Tel.: +420 800 888 988, +603 365 984
E-mail: info@prigo.cz
Address: Mjr. Nováka 34, Ostrava – Hrabůvka

You can use Google search engine to find some other kindergartens in Ostrava. For these purposes please use the term “mateřská škola Ostrava”.

Primary schools with English

-  Hello school, www.helloškola.cz
Tel.: +420 596 729 620, +420 775 345 369
Principal: Mgr. Alena Tůmová, E-mail: reditelka@helloškola.cz
Address: Františka Formana 45, Ostrava – Dubina



Monty school, www.montyskola.cz

info@montyskola.cz

Principal: Alexandra Vidláková, MA, Alexandra.vidlakova@montyskola.cz,
+420 777 591 913

Address: Čkalovova 942, Ostrava – Poruba



Prigo school, www.prigo.cz/en

info@prigo.cz, Tel.: +420 603 365 984

Address: Mojmírovců 42, Ostrava – Mariánské hory

Important links and other contacts

EURAXESS Contact Person at the Technical University of Ostrava:

Petra Klapuchová, room C110, email: petra.klapuchova@vsb.cz

EURAXESS Contact Person at the University of Ostrava:

Ivana Adamiková, room R205 (Dvořákova 7, Ostrava), email: ivana.adamikova@osu.cz, tel.: +420 553 46 1007

EURAXESS Contact Person at the Silesian University of Opava:

Ivana Volná, e mail: ivana.volna@slu.cz

Info lines

Information about phone numbers in the CR	1180
Information about the phone number outside the CZ	1181